Chris Bigford

CD single "Forever"

FOREVER I LOVE YOU

Choreography: John Warnars (NL) (03-08-2011)

Walls : 4 Wall line dance Niveau : Easy Intermediate

Counts : 32 - 121 bpm - intro 16 counts

Music : Chris Bigford – Forever

Info :

Bron : John Warnars

(01 – 08) L CROSS STEP, STEP 1/4 TURN L BACK, L SHUFFLE BACK,

ROCK BACK, RECOVER, R SHUFFLE FORWARDS;

1 LF cross step LF over RF

2 RF step with a ½ turn left backwards (9)

3 LF step backwards step/close next LF & RF 4 LF step backwards 5 RF step/rock backwards 6 LF rock back on LF step forwards 7 RF

& LF step/close next RF 8 RF step forwards

(09 – 16) <u>L STEP FORWARDS, TOUCH, R KICK BALL CROSS,</u>

R SIDE ROCK, 1/4 TURN L RECOVER, R SHUFFLE FORWARDS;

1 LF step forwards

2 RF touch with toes next LF3 RF kick diagonal right forwards

& RF step/close next LF
4 LF cross step LF over RF
5 RF step/rock to right side

6 LF rock back with a ¼ turn left on LF (6)

7 RF step forwards & LF step/close next RF 8 RF step forwards

(17 – 24) <u>L CROSS STEP, STEP ¼ TURN L BACK, L SIDE SHUFFLE ¼ TURN L</u>,

R CROSS ROCK, RECOVER, R SIDE SHUFFLE 1/4 TURN R;

1 LF cross step LF over RF

2 RF step with a ¼ turn left backwards (3)

3 LF step to left side & RF step/close next LF

4 LF step with a ¼ turn left forwards (12)

5 RF cross rock RF over LF
6 LF rock back on LF
7 RF step to right side
& LF step/close next RF

8 RF step with a ¼ turn right forwards (3)

(25 – 32) <u>L STEP FORWARDS, ½ TURN R & HOOK, R LOCK STEP, ROCKING CHAIR;</u>

1 LF step forwards

LF make a ½ turn right & RF hook for shin LF (9)

3 RF step forwards

2

& LF cross step behind RF (lock)

4 RF step forwards
5 LF step/rock forwards
6 RF rock back on RF
7 LF step/rock backwards
8 RF rock back on RF

1 LF start again (cross step LF over RF)

Restart; Dance wall 7 to count 16 (count 8 of block 2) and restart the dance again...